

THE
PLOUGH INN
BAR-KITCHEN-GARDEN

FATHERS DAY MENU
2 Courses £28.95 3 Courses £34.95

To Start

Crab Cake - Fresh Chutney, Fine Diced Mango, Cucumber, Chilli, Mint, Kafflr Lime Leaves & Fish Sauce (GF)

Duck Spring Rolls - Shredded Carrots, Chinese Cabbage, Glass Noodles, Spring Onions, Ginger, Hoisin Dipping Sauce

Grilled Asparagus - White Bean & Spring Onion Hummus, Wild Garlic & Hazelnut Pesto (GF/VG)

Buffalo Mozzarella - Beef Tomato, Avocado, Pine Nuts, Wild Garlic Pesto & Balsamic Glaze (GF)

Roasted Vine Tomatoes Soup - Basil, Sunflower Seeds & Herb Seed Roll (GF)

Mains

Roast Sussex Sirloin of Beef - Yorkshire Pudding, Beef Dripping Roast Potatoes With Rosemary & Garlic, Vegetables & Rich Red Wine Gravy (GF Opt)

Nut Roast - With Chestnuts, Puy Lentils, Mixed Nuts, Dried Cranberries, Apricots, Leeks & Spinach, Roasted Potatoes in Vegetable Oil, Rosemary & Garlic With A Vegan Yorkshire Pudding, Seasonal Vegetables & Vegetable Gravy (GF Opt)

Char Grilled Lamb Rump Steak - Fondant Potato, Asparagus, Pea & Mint Purée & With A Port, Rosemary & Redcurrant Sauce (GF)

Pan-Fried Free Range Chicken Supreme – Marinated With Thyme Lemon & Garlic Couscous With Apricot Olives Pomegranate Chive Feta Cheese Green Vegetable (GF)

Seared Sesame Crusted Tuna Steak - Champ Potatoes, Tempura Asparagus, Sake, Lime & Soy Dressing (GF)

Potato Gnocchi - Tomato & Basil Sauce, Spinach, Mozzarella and Pine Nuts (GF/ VG)

Desserts

Chocolate Orange Mousse - With Chantilly Cream (GF)

Raspberry Frangipane Tart - With Raspberry Sorbet (GF/ VG)

Sticky Toffee Pudding - Toffee Sauce & Ice cream

Belgium Waffle - With Maple Syrup & Salted Caramel Ice Cream

Cheese Board – Selection of Local Cheeses With Biscuits & Fruit Chutney

VG - Vegan. Please tell us when ordering that you want the vegan option.

GF - Gluten Free. Please tell us when ordering that you want the gluten free option.

All our dishes are freshly prepared and cooked to order so please be patient at busy times.

If you have any allergies please let us know