

THE  
**PLOUGH INN**  
BAR-KITCHEN-GARDEN

MOTHERS DAY MENU  
2 Courses £28.95 3 Courses £34.95

To Start

Crab Cake - Fresh Chutney, Fine Diced Mango, Cucumber,  
Chilli, Mint, Kaffir Lime Leaves & Fish Sauce (GF)

Duck Salad - Pea Shoots, Micro Cress, Pomegranate, Pomelo, Crispy Shallots & Walnuts (GF)

Grilled Asparagus - White Bean & Spring Onion Hummus, Wild Garlic & Hazelnut Pesto (GF/VG)

Buffalo Mozzarella - Beef Tomato, Avocado, Pine Nuts, Wild Garlic Pesto &  
Balsamic Glaze (GF)

Minted Pea & Watercress Soup - Toasted Seeds, Croutons & Sour Cream (GF/VG)

Mains

Roast Sussex Sirloin of Beef - Yorkshire Pudding, Beef Dripping Roast Potatoes With Rosemary & Garlic,  
Vegetables & Rich Red Wine Gravy (GF Opt)

Nut Roast - With Chestnuts, Puy Lentils, Mixed Nuts, Dried Cranberries, Apricots, Leeks & Spinach, Roasted  
Potatoes in Vegetable Oil, Rosemary & Garlic With A Vegan Yorkshire Pudding, Seasonal Vegetables & Vegetable  
Gravy (GF Opt)

Char Grilled Lamb Rump Steak - Fondant Potato, Asparagus, Pea & Mint Purée & With A Port, Rosemary &  
Redcurrant Sauce (GF)

Pan-Fried Free Range Chicken Supreme – Marinated with Thyme Lemon & Garlic Couscous with Apricot Olives  
Pomegranate Chive Feta Cheese Green Vegetable (GF)

Oven Baked Skate Wing - With Lemon Butter, Capers, Cherry Tomatoes & Dill, With Purple Cauliflower Purée,  
Pickled Romanesco & Cauliflower, Sauté Spinach & Crushed Champ Potatoes (GF)

Roasted Beetroot & Butternut Squash Risotto - With Sage & Garlic Feta Cheese & Pea shoots (GF/VG)

Desserts

Passion Fruit & White Chocolate Cheesecake - With Orange Sorbet

Almond Fudge Brownie - with Vanilla Ice Cream (GF/VG)

Sticky Toffee Pudding - Toffee Sauce & Ice cream

Belgium Waffle - With Maple Syrup & Salted Caramel Ice Cream

Cheese Board – Selection of Local Cheeses with Biscuits & Fruit Chutney

VG - Vegan. Please tell us when ordering that you want the vegan option.  
GF - Gluten Free. Please tell us when ordering that you want the gluten free option.  
All our dishes are freshly prepared and cooked to order so please be patient at busy times.  
If you have any allergies, please let us know