

PLOUGH INN

BAR – KITCHEN – GARDEN

Sunday Lunch Menu

Snacks & Small Plates

Warm Fedipat Stone Baked Rustic Sourdough – with Oil & Balsamic Vinegar **£4.50**

Anchovies – in Olive Oil **£4.50**

Italian Olives – Marinated in Garlic, Chilli & Herbs **£3.50**

Starters

Something Soup (V/GF) – Warm Seeded Roll **£7.95**

Beef Tomato & Buffalo Mozzarella (V) – Wild Garlic Pesto, Balsamic Glaze **£8.95**

Deep Fried Baby Squid – Aioli & Chive Sauce, Salad **£8.95**

Duck & Orange Parfait (GF) – Pickled Silver Skin Onions, Gherkins,
Fruit Chutney, Toasted Sourdough **£8.95** (GF add 50p)

King Prawns (GF) – in Garlic With Chili, Parsley, Sweet Corn Kernels & Avocado Puree **£8.95**

Dishes of the Day

Fish of The Day – Please see blackboard or ask for today's special

'Ferns' Homemade Pie of The Day – Please see blackboard or ask for today's special

Roasts

Roast Sirloin of Local Beef – Beef Dripping Roast Potatoes, Yorkshire Pudding, Veg & Gravy **£18.95**

Roast Shoulder of Lamb – Beef Dripping Roast Potatoes, Yorkshire Pudding, Veg & Gravy **£19.95**

Roast Free Range Chicken – Sage & Onion Stuffing, Beef Dripping Roast Potatoes,
Yorkshire Pudding, Veg & Gravy **£16.95**

Nut Roast with Pearl Barley (V) – Wild Mushrooms, Pistachio, Chestnuts & Cranberrie **£15.95**

Mains

South Korean Style Sticky Pork Rack of Ribs (GF) – Marinated with Gochujang, Ginger, Soy, Chill, Garlic,
Sesame Seeds; Sweet Potato Fries & Salad **£16.50**

Potato Gnocchi (V/GF) – Fresh Tomato & Basil Sauce, Spinach, Buffalo Mozzarella, Pine Nuts **£14.95**

Free Range Chicken Supreme (GF) – Pan-Fried & Marinated in Lemon, Garlic & Thyme, Cous Cous, Apricot,
Olives, Pomegranate, Aubergine, Feta Cheese & Greens **£14.95**

Pearl Barley Risotto (V/GF) – White Truffle, Peas, Asparagus, Rocket & Vegan Parmesan Shavings **£14.95**

Desserts

Dessert of The Day – Please see blackboard or ask for today's special

Sticky Toffee Pudding – with Vanilla Ice Cream and Toffee Sauce **£7.50**

Chocolate and Marshmallow Brownie – with Vanilla Ice Cream **£7.50**

Belgian Waffle – with Maple Syrup **£7.50**

Selection of Local Cheeses – with Biscuits and Caramelised Onion Chutney **£9.95**

Ice Cream – 3 Scoops of Ice Cream & Wafer **£5.95**

(White Chocolate ~ Dark Chocolate ~ Strawberry ~ Vanilla)

V - Vegan. Please tell us when ordering that you want the vegan option.

GF - Gluten Free. Please tell us when ordering that you want the gluten free option.

All our dishes are freshly prepared and cooked to order so please be patient at busy times.

If you have any allergies please let us know.