

PLOUGH INN

BAR – KITCHEN – GARDEN

Lunch Menu

Snacks & Small Plates

Warm Fedipat Stone Baked Rustic Sourdough – with Oil & Balsamic Vinegar **£4.50**

Anchovies – in Olive Oil **£4.50**

Italian Olives – Marinated in Garlic, Chilli & Herbs **£3.50**

Starters

Something Soup (V/GF) – Warm Seeded Roll **£7.95**

Beef Tomato & Buffalo Mozzarella (V) – Wild Garlic Pesto, Balsamic Glaze **£8.95**

Deep Fried Baby Squid – Aioli & Chive Sauce, Salad **£8.95**

Duck & Orange Parfait (GF) – Pickled Silver Skin Onions, Gherkins,
Fruit Chutney, Toasted Sourdough **£8.95** (GF add 50p)

King Prawns (GF) – in Garlic With Chili, Parsley, Sweet Corn Kernels & Avocado Puree **£8.95**

Dishes of the Day

Fish of The Day – Please see blackboard or ask for today's special

'Ferns' Homemade Pie of The Day – Please see blackboard or ask for today's special

Mains

Crusted Lamb Rump Steak – Char-Grilled with Wild Garlic & Pine Nuts, Pea & Mint Puree,
Fondant Potato & A Rosemary & Port Sauce **£19.95**

Seared Duck Breast (GF) – Marinated in 5 Spice with a Plum & Ginger Sauce, Crisp Garlic Roast Potatoes,
Seasonal Greens with Hazelnuts **£17.95**

South Korean Style Sticky Pork Rack of Ribs (GF) – Marinaded with Gochujang, Ginger, Soy, Chill, Garlic,
Sesame Seeds; Sweet Potato Fries & Salad **£16.50**

Potato Gnocchi (V/GF) – Fresh Tomato & Basil Sauce, Spinach, Buffalo Mozzarella, Pine Nuts **£14.95**

Free Range Chicken Supreme (GF) – Pan-Fried & Marinated in Lemon, Garlic & Thyme, Cous Cous, Apricot,
Olives, Pomegranate, Aubergine, Feta Cheese & Greens **£14.95**

Pearl Barley Risotto (V/GF) – White Truffle, Peas, Asparagus, Rocket & Vegan Parmesan Shavings **£14.95**

Light Bites & Salads

Baked Whole Camembert – Infused with Rosemary & Garlic, Caramelised Onions,
Toasted Sour Dough **£10.95**

King Prawn, Garlic & Chilli Salad (GF) – with Grapefruit, Rocket, Spinach, Avocado, Cherry Tomatoes,
Croutons & Lime & Ginger Dressing **£13.95**

Chicken, Bacon & Avocado Salad (GF) – with Mixed Leaves Croutons, Parmesan & Caesar Dressing **£12.95**

Roasted Beetroot & Cous Cous Salad (V/GF) – with Herb New Potatoes, Olives, Apricots, Pomegranate, Greens,
Grilled Halloumi Cheese, Balsamic Glaze **£12.95**

V - Vegan. Please tell us when ordering that you want the vegan option.

GF - Gluten Free. Please tell us when ordering that you want the gluten free option.

All our dishes are freshly prepared and cooked to order so please be patient at busy times.

If you have any allergies please let us know.

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Pub Classics

Harvey's Beer Battered Cod – Chips, Peas, Tartar Sauce **£15.50**

Beef Steak Chilli Con Carne – Steamed Rice, Garlic Bread, Sour Cream **£14.00**

'Nick The Butchers' Lincolnshire Sausages – Creamy Mash, Crispy Fried Onions, Gravy **£13.50**

Slow Cooked Berkshire Honey Glazed Ham – Free Range Eggs, Chips, Peas **£13.50**

Burgers

The Plough 10oz Burger **£14.00**

Char-grilled double beef steak burger, lettuce, beef tomato, red onions, toasted brioche bun, skinny fries, celeriac & apple coleslaw & our own burger sauce (GF)

(With grilled smoked bacon **£1.20** ~ With blue cheese **£1.20** ~ With mature cheddar **£1.20**)

The Plough 9oz Vegan Burger **£14.00**

Mixed bean & lentil burger, lettuce, beef tomato, red onions, toasted brioche bun, skinny fries, celeriac & apple coleslaw & our own burger sauce (GF)

(With grilled halloumi cheese **£1.50**)

Chicken Katsu Burger **£14.50**

Free range katsu chicken breast in panko breadcrumbs with wasabi mayonnaise, lettuce, beef tomato, red onions, toasted brioche bun, skinny fries, celeriac & apple coleslaw

Rustic Ciabattas

Lincolnshire Sausages – with Red Onion Chutney **£8.95**

Roast Free-Range Chicken – with Avocado, Pesto, Mozzarella, Tomato Lettuce **£9.95**

Honey Roast Ham – with Mature Cheddar, Branston Pickle, Apple, Rocket **£8.95**

Smoked Bacon & Somerset Brie – with Mango Chutney **£9.95**

Grilled Halloumi (V) – with Red Onion, Avocado, Beef Tomato, Rocket **£8.95**

Sides:

Triple Cooked Chunky Chips **£3.00** ~ Skinny Fries **£3.00**

(add Cheddar Cheese **£1.20** ~ add Blue Cheese **£1.20**)

Garlic Bread **£3.50** (add Cheddar Cheese **£1.20**)

Onion Rings **£4.00** ~ Halloumi Fries **£4.75**

Desserts

Dessert of The Day – Please see blackboard or ask for today's special

Sticky Toffee Pudding – with Vanilla Ice Cream and Toffee Sauce **£7.50**

Chocolate and Marshmallow Brownie – with Vanilla Ice Cream **£7.50**

Belgian Waffle – with Maple Syrup **£7.50**

Selection of Local Cheeses – with Biscuits and Caramelised Onion Chutney **£9.95**

Ice Cream – 3 Scoops of Ice Cream & Wafer **£5.95**

(White Chocolate ~ Dark Chocolate ~ Strawberry ~ Vanilla)

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