

THE
PLOUGH INN
BAR-KITCHEN-GARDEN

While you wait

Warm Fedipat stone baked rustic creamy sourdough, oil & balsamic vinegar £4.50 (V)
Italian Olives marinated in garlic, chili, herbs £3.50 (V/GF)

To start

Pan-fried Gyoza dumpling stuffed with chicken mince, water chestnuts, spring onion, coriander & sesame seeds, soy & chilli dipping sauce £8.95
King prawn cocktail, avocado, baby gem lettuce, chive Marie Rose sauce, rye bread £8.95
Smoked salmon, watercress, rocket, apple, radish & beetroot, lemon vinaigrette £8.95
Ardennes pate, caramelized onion chutney, sour dough £8.50
Crispy duck salad, marinated with 5 spice, hoisin vinaigrette, walnuts £8.95
Baked whole camembert infused with rosemary & garlic, red onion marmalade, warm bread £8.50 (V)

Sunday Roasts

Roast grass fed local beef, Yorkshire pudding, beef dripping roast potatoes, vegetables, gravy £16.95
Roast pork loin, apple, onion & sage stuffing, crackling, beef dripping roast potatoes, seasonal veg, gravy £15.50
Roast half free range chicken, apple onion sage stuffing beef dripping roast potatoes, seasonal veg, gravy £15.50
Roast slow cooked lamb shank, beef dripping roast potatoes, seasonal veg, rosemary & redcurrant gravy £17.95
Nut roast, Yorkshire pudding, roast potatoes, vegetables, gravy £14.95

Mains

Pan-fried wild stone bass loin, garlic king prawns, lemon tarragon butter sauce, new potatoes, French bean £17.50
Free range chicken breast wrapped in smoked bacon stuffed with sundried tomatoes, mozzarella & pine nuts, sauté potatoes, asparagus, balsamic glaze & wild garlic pesto £15.50
Home grown vegetable gratin (sliced courgette, aubourgine in tomato béchamel cheese sauce) garlic bread & salad £13.50 (V)
Vegetable wellington, stuffed with squash, spinach, feta cheese & pine nuts, asparagus sauté potatoes & balsamic glaze £14.50

Ferns Fabulous Desserts

Orange key Lime Cheesecake £6.50
Syrup sponge, custard £6.50
Sticky toffee pudding with vanilla ice cream £6.50
Belgium waffle, maple syrup, salted caramel ice cream £6.50
Baileys & Marshmallow Chocolate Brownie served with vanilla ice cream £6.50
3 scoops of ice cream with wafer – Salted caramel / chocolate / vanilla / strawberry

Sides

Onion rings £3.00 - Grilled tomatoes £2.50 - Garlic mushrooms £2.50 -
Peppercorn sauce £1.50 - Stilton Sauce £1.50
Sweet potato fries £4.50 - Fries £3.00 - Chunky chips £3.00 - Halloumi fries £4.50